

# Your Clinical Trial Journey Map

So, you've decided to seek out a clinical trial for yourself or a loved one. What should you expect? Here's a map of the clinical trial journey to help you understand what happens next.



You or your loved one have a disease or condition you're seeking care for, or you want to contribute to the future of medicine as a healthy individual.



You want to know more about clinical trials, so you visit [ClinicalTrialsForAll.org](https://ClinicalTrialsForAll.org).



You discuss research as a care option with your doctor.



The research staff determine if you are eligible to be included in the clinical trial.

If not, you return to the trial selection process.



You may choose to have a **patient advocate** support you through this and the rest of the process.



You select a clinical trial and apply to participate.



Next, the sponsor of the trial walks you through the informed consent process. They explain all the details, and you have a chance to ask questions.



The trial begins and you participate on-site, from home, or a mix of the two (hybrid) based on your trial's requirements.



If you have a disease or condition, you receive care as part of a clinical research program.



Stay in touch with your sponsor contact to learn the results of your trial, realizing it may take a long time to receive this information.



Once the study is completed, it can take additional years for all the data to be reviewed and reported on.



Clinical trials sometimes last for several years. Your study sponsor will share the expected timeline.